

ALMIGHTY God, who art afflicted in the afflictions of thy people: Regard with thy tender compassion those in anxiety and distress; bear their sorrows and their cares; supply all their manifold needs; and help both them and us to put our whole trust and confidence in thee; through Jesus Christ our Lord. *Amen.* –For those in Anxiety, BCP p. 54

BE mindful, O Lord, of thy people bowed before thee.... Care for the infants, guide the young, support the aged, encourage the faint-hearted, collect the scattered, and bring the wandering to thy fold. Travel with the voyagers, defend the widows, shield the orphans, deliver the captives, heal the sick. Succour all who are in tribulation, necessity, or distress. Remember for good all those that love us, and those that hate us, and those that have desired us, unworthy as we are, to pray for them. And those whom we have forgotten, do thou, O Lord, remember. For thou art the Helper of the helpless, the Saviour of the lost, the Refuge of the wanderer, the Healer of the sick. Thou, who knowest each man's need, and hast heard his prayer, grant unto each according to thy merciful loving-kindness and thy eternal love; through Jesus Christ our Lord. *Amen.* A General Intercession, BCP p. 57

Here are nine ways you can join me in prayer for Ukraine.

1. **Pray for the president and leaders of Ukraine and all nations to have wisdom in the coming days.**
2. **Pray for wisdom, strength, and courage for the soldiers who are protecting Ukraine.**
3. **Pray for civilians who have been displaced and for families who have been separated from each other as they have sought safety.**
4. **Pray for those still seeking shelter, that God would give them safety.**
5. **Pray for Ukrainians to seek and find the peace and hope of the gospel of Jesus Christ during this time.**
6. **Pray for Ukrainian believers to find comfort, peace, and strength in God and share the source of their strength with others.**
7. **Pray for God to enable the churches and missionaries of Ukraine to care for their people.**
8. **Pray that God would bring wisdom and a change of heart to President Putin**
9. **Pray for a peaceful resolution for this conflict.**