



Diocesan Anglican Church Women
Volume 15, Issue 2 — November 2024
Diocese of Fredericton

ACW Launching Out

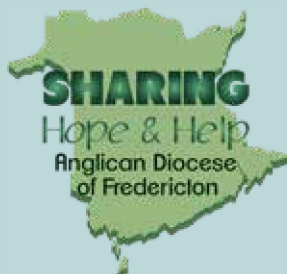
OUR PURPOSE

- To unite women in a fellowship of worship, study, and offering which will deepen and strengthen their own spiritual lives, and lead them into Christian service in parish, community, diocese, nation, and world.
- To work for and sustain an informed interest in the mission of the Church.



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Making-do



This photo shows Canadian troops washing in a shell hole, June 1917. Remembrance Day, November 11, is a day of national commemoration for the more than 118,000 Canadians who have died in military service. More than half of them — 61,000 — were killed in the First World War. This year marks the 110th anniversary of the start of the Great War.

Photo credit: George Metcalf Archival Collection, CWM 19920085-434; O.1531; © Canadian War Museum

Launching Out is posted on the Anglican Diocese of Fredericton website (anglican.nb.ca.) Members, please post or circulate this newsletter in your ACW branches as you are able to do safely.

More on Elizabeth Scovil and the Pickett-Scovil Fund

After reading the Elizabeth Scovil story that appeared in the September issue of *Launching Out*, you might have had the impression that Elizabeth provided the bulk of the original income for the fund, which is used to assist retired clergy and spouses with medical care not covered by Medicare.

In fact, it was set up such that people endowed one day of the calendar year (in memory or honour of someone) with a \$50 donation. Synod journals for years included the list of up to 365 endowments.

Some other interesting bits researched by Cheryl Jacobs:

- Lucy Pickett, the other partner in the fund, was appointed / commissioned diocesan David Wetmore Pickett Missionary Nurse by Bishop John Richard-

son Oct. 2, 1909. You might say she was the original parish nurse.

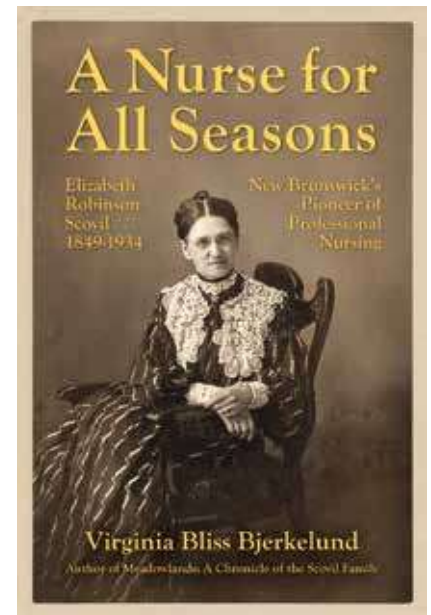
- A fund named the David Wetmore Pickett Memorial Fund was also set up to help fund nursing care beyond Lucy's ability to do the work (her rather sudden death in 1910 not being expected).

- Elizabeth Scovil took up the mantle of the languishing fund in 1914 (per report to the Synod in 1915) - and established and, it appears, vigorously promoted the day-endowment idea.

- Elizabeth did also contribute to the fund at least once (\$15) prior to becoming the secretary in 1914.

- By 1914, the fund was just called the Pickett Memorial Fund.

- Elizabeth's 1916 synod report indicated 46 days (of 365) were endowed already.



A Nurse For All Seasons chronicles the Scovil family and is written by Virginia Bliss Bjerkelund, grandniece of Elizabeth Scovil. It is available at Chapel Street Editions in Woodstock. <https://chapelstreteitions.com/>

Book of Remembrance - Roll of Honour -

Our Book of Remembrance/Roll of Honour custodian is Maureen Gill. Please notify Maureen and your Deanery representative with the names of those who should be entered into the Book of Remembrance. If you would like to put a

member on the Roll of Honour, please contact Maureen at 506-386-3011; email: gill.jones@bellaliant.net



ACW *Launching Out*

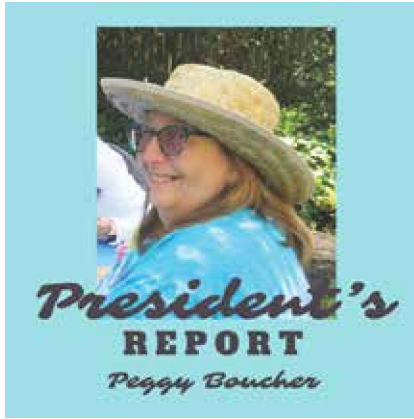
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President: Peggy Boucher
< plenorab@hotmail.com >

Submit articles up to 600 words.
Articles may be edited as necessary
for length and clarity. Please send to:

Gisele McKnight, editor,
< gmcknight@diofton.ca >

12 Spruce St., Sussex, NB E4E 1L9



Good day, everyone. I hope you are doing well and enjoyed the summer.

Fall has seeped into our lives. First with the shorter days, cooler nights, and finally the burst of beautiful color as the leaves turn and pumpkin orange is everywhere. It is now True Fall — the season of pickles, pie, and candy.

This fall I have had a great time visiting parishes around the province and attending their annual and deanery meetings. I have enjoyed seeing old friends and making new friends.

I have been in awe of the churches — all so very different from the modern architecture of St. Margaret's.

I love the old woodwork and have been amazed at the stained glass.

Everyone has been so warm and welcoming. Everyone works so hard getting these meetings together and it shows.

The guest speakers spoke with passion. They told tales that were close to their heart. At the same time, they gave us important information and kept our interest.

The food was always plentiful and delicious. Often there was a surprise on the menu, like something I had not tried before. A shout out to St. Luke's for their

potato and carrot soup.

In the beginning of October, I started what I call my pumpkin project. I asked ACW members what were they thankful for. I purchased a plastic pumpkin and wrote their answers on the pumpkin using a black sharpie.

This is the pumpkin prayer:

Heavenly Father, We thank you for your son, Jesus and his teachings. We thank you for the gift of today, for all our friends, family, our church family, ACW members, first responders, and all people whose life work is to help.

We thank you for the Sunday school kids who give us love, laughter and hugs. We thank you for our country, Canada where we enjoy our freedom and democracy.

We thank you for life's little luxuries, like toilet paper, ice cream and washing machines.

We thank you for all the things we need like food, clothing, clean water and our homes.

We thank you for the Father, Son, and Holy Spirit, who bring peace to our hearts. AMEN

As we slide into November, a time of scraping the windshield and turning on the heat, we tend to stay inside more.

Please remember your neighbours, friend and family with a card, a phone call, an email or a note on messenger. These can go a long way to helping get through a long, cold night.

Comfort food always helps. I've included my favourite recipe here.

Now we jump into December, Advent and Christmas. I enjoy driving around and looking at all the lights and Christmas decorations. I encourage you to send cards to peo-

ple in senior homes, and donate to food banks.

If anyone is downsizing or cleaning out old gently used toys, please donate them before Christmas. Parents need all the help they get.

I am looking forward to making my own Christmas cards, making an Advent calendar, and baking a couple of childhood favorites: a chocolate log and some gingerbread people.

I will let you know in February how I made out with these projects.

*Love to you all,
Peggy Boucher*

APPLE CRUMBLE

Slice and peel a lot of apples, enough to almost fill your baking dish. OK, leave about an inch for the topping. Add 3/4 cup of sugar and a teaspoon or two of nutmeg.

Then mix together 1 cup of oatmeal or 1 cup of flour or half a cup of each, plus 1/4 cup of brown sugar. Rub in 1/3 cup butter.

Mix the above ingredients well then spread over apples. You may have to double this if you have a large baking dish.

Bake at 350 degrees until apples are mushy, approximately 45 minutes to an hour.



Branch Treasurer's Report Form

Please read information carefully before completing the form.



Date: _____

Deanery: _____

Church: _____

Place: _____

Divinity Scholarship Fund..... _____

Administration Fund - \$50 per Branch _____

Social Action Fund – At least \$25 per Branch _____

Extra-Cent-A-Day Fund..... _____

Our Fair Share..... _____

Farraline Home..... _____

Diocesan Camps Projects..... _____

Camp Medley..... _____

Camp Brookwood..... _____

Paul Jeffries' Stipend..... _____

Bishop McAllister College, Uganda..... _____

Helen Burton Fund _____

PWRDF _____

Council of the North..... _____

Threshold Ministries (*Church Army renamed*) _____

Kara and Nelson Mejiaj-Honduras..... _____

Anglican Foundation of Canada - ACW Trust Fund..... _____

Other _____

TOTAL: _____

Name of Branch Treasurer: _____ Phone# _____

Postal Address: _____

_____ E-mail: _____

 PLEASE make **cheque** payable to: **ACW, Diocese of Fredericton**
and mail to: Cathy Lutes, Diocesan ACW Treasurer
87 Venus Crescent, Hanwell, NB E3C 1N1
(E-mail: lutescathy@hotmail.com) Phone: 506-459-3265

Diocesan Treasurer's Report - November 2024

Happy Fall, my friends! The weather has been crazy, hasn't it?! It was so warm out, but today was a bit cooler. The wind was blowing the last of the leaves from the trees.

September and October have been busy with Deanery Annuals. Peggy, our president, was eager to visit each of the Deaneries, so she and I travelled to three of the six annuals that we knew of.

Apologies go out to Kennebecasis and Shediac Deaneries that we didn't make it to your annuals. We will get there next year for sure! We are having our own Deanery Annual in Oromocto tomorrow and then that will be it.

I am including the next bit of information that I had in the last Launching Out:

As your branches start gathering again in September, its time to decide if your rectory (if you have one) needs some upgrades, such as new windows, doors, heating upgrades, appliances, or roof.

Again, through our Extra-Cent-a-Day fund, we are offering a \$2,500 grant to any rectory in need. Talk to your Vestry and have them put in a request to the Synod Office.



Cathy Lutes

Email your request with quotes to Susan Dickie, administration assistant at; sdickie@diofton.ca. All requests will be reviewed by members of the Synod Office finance team and their decision will be sent to the ACW Executive.

The Synod's finance team will make their decisions according to the ACW standards of disbursements.

Its that time of year, my friends, when, if you haven't sent them in yet, your dues for 2024 are due. Please have your branch's dues mailed to me so that I receive them by the first week of January. I will be closing the books for 2024 once I receive the December

bank statement in January.

Also included with this report is the Branch Treasurer's Report Form. Every Branch is responsible to send \$50 for the Administration Fund and \$25 for the Social Action Fund.

These two funds are your first priority before you divide your money among other organizations. We have suggested that your branch can send more than the \$50 and \$25 to these Funds, but that is up to your branch.

I know this may be early to some of you, but if you know me personally, you know it's not! May you all enjoy the anticipation of our Advent season and that the Birth of Jesus Christ fill your hearts with joy! Stay safe my friends and I'll check in with you in the New Year!

ACW Purpose: *To unite women in fellowship of worship, study and offering which will deepen and strengthen their own spiritual lives and lead them into Christian service in parish, community, Diocese, nation and the world.*

*Your sister in Christ,
Cathy J. Lutes
Diocesan ACW Treasurer*



Reminders from Launching Out

- The deadline for submissions is always the 22nd of the month before publication: Aug. 22 for September; Oct. 22 for November; Jan. 22 for February and March 22 for April.
- Launching Out needs your news! Please consider sharing your news so it can be included in the next publication of Launching Out. Don't hide it under a bushel — let it shine! Send to: gmcknight@diofton.ca

Fredericton Deanery Meeting



EVA MORTON PHOTOS

The Fredericton-York Deanery ACW annual meeting was held Oct. 24 at St. John's in Oromocto. From left: Catherine Campbell, Marie Hargrove (from St. Augustine's Chipman), the Rev. Keith Howlett, Dot Moore, and Bonnie Anderson (from St. Michael's Minto). This is the team that will organize the 2025 annual deanery meeting.



PHOTO BY ZEYNEP SÜMER ON UNSPLASH



On the production team

***“The threshing floors shall be full of grain, the vats shall overflow with wine and oil.”
(Joel 2:24)***

When I imagine what it would be like to be safe and secure in a home of my own, the words that come to mind are “being under my own vine and fig tree.”

I love the phrase, “vine and fig tree.” It’s God’s promise to his people, that they will dwell in safety and have just what they need, and it’s first mentioned in reference to the reign of Solomon: “Judah and Israel lived in safety . . . all of them under their vines and fig trees.” (1 Kings 4:25).

Recently, I noticed something in our weekly Bible study that I hadn’t really thought about before.

Throughout the Scriptures, blessing is described in such a way as to require some investment of labour on the part of the ones being blessed.

A land flowing with milk and honey isn’t like “Big Rock Candy Mountain.” It’s a land where there is prosperity when work is done to achieve it.

There will be abundant harvests — after the ground has been tilled, and seeds have been planted. The soil is fertile, God will provide the right amount of sun and rain, but nothing will be accomplished without the co-operation of the receiver.

How is abundance and blessing presented in Scripture? Sun, rain, fertile soil, and hard work.

The writer of Ecclesiastes says, “There is nothing better for mortals than to eat and drink, and find enjoyment in their toil.” (2:24) “This is the gift of God.” (5:19)

The writer of Proverbs sings the praises of the satisfaction that comes from enjoying the fruits of one’s labour.

The Torah makes allowance for providing for the poor, by instructing farmers to leave the gleanings of the harvest in the field so that those in need can collect it for themselves.

As I thought about it, some current examples came to mind: community gardens like the one supported by St. Mary’s York; the Greener Village Food Bank in Fredericton, which offers bread baking courses; the Neighbourly Coffee Shop at 12

Neighbours, which teaches job skills, and offers homemade food, made completely from scratch.

I know it’s satisfying to create good food that others enjoy.

I believe we should have a universal livable income that encourages self-improvement and doesn’t penalize those trying to better themselves.

When God blesses people, he gives them an opportunity to be on the production team instead of just being the audience.

In fact, many business consultants will tell you that employees are happier and more engaged when they are included in decision-making, and are treated as valued and respected members of a working group.

We have a loving heavenly father who has given us free will, and many opportunities to live fruitful and satisfying lives, when we participate.

All this has gotten me thinking about a few things. I understand why it’s important for First Nations to have control of their own affairs, from child welfare to economics.

I have met people who would rather live in a shack in the woods, made with their own hands, than accept space in a homeless shelter.

I’m still on my journey, and learning every day, under my own vine and fig tree.

***Blessings,
Eva***

How to donate via e-transfer, to the diocese and to Camp Medley:

For donations earmarked for various missions and people, send an e-transfer to finance@diofton.ca

To donate to Camp Medley, send an e-transfer to finance@campmedley.ca

IMPORTANT: When using e-transfer for any donation, we require the sender to note the recipient of the donation (i.e., Camp Medley, Paul Jeffries, Pennies & Sparrows, etc.) and include the sender's name and mailing address so we can send a donation receipt.

Lucy's Sewing Group

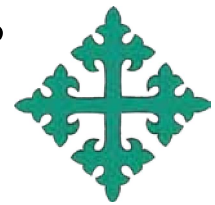
Christ Church Cathedral
Fredericton, NB

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- veils
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- baptismal & lavabo towels
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lucyssgccc@gmail.com for orders, price list or advice



Farraline Place, a home for seniors in downtown Fredericton, has several vacancies.

Please help spread the word.

(506) 455-6443
farralineplace.com

Catch up on what's happening in the diocese. Subscribe to eNews today!

eNews is a weekly newsletter sent to you each Tuesday. You'll find a new story, diocesan and parish events, announcements and much more!

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WALK THROUGH BETHLEHEM

At

Christ Church Pennfield

November 23 & 24 2024

6:30pm - 8pm

Join us for a walk through Bethlehem.



The Anglican Parish of St. Andrews

Parish Nurse Tea and Talk present:

Charlotte County Senior Resources

Emma Keech

Senior Resource Coordinator

Charlotte County Seniors Resource Centre

Saturday, November 2, 2024

10:00-11:30 am

All Saints Parish Hall

75 King Street, St. Andrews

All Welcome!



Photo: The United Methodist Church of St. Andrews (2014)

During the Christmas season, the Saint John Seafarers' Mission provides gifts to seafarers visiting our port. Each December, with your help, the Mission distributes Christmas packages to seafarers on several ships.

Items needed: Shampoo, shave cream, tooth paste, tooth brush, dental floss, mouth wash, body wash, deodorant, disposable razors, lip balm, comb, hand lotion, Kleenex, hand sanitizer, gloves, socks, scarf, toque, playing cards, game books, pens, note pad, Canada souvenir (pin/magnet/key chain), candy (individually wrapped), chocolate bars, chips, gum, Christmas card.



For information, open hours and pick-ups, call Tony or Bev: 506-635-1731 or email seaf@nb.aibn.com

Important notes: Due to port security controls, do not wrap items | Cash is always welcome so we can buy what is needed (tax receipts issued) | Usual shortages: Gloves, scarves, shampoo, deodorant, shave cream, hand lotion, lip balm | Drop off donations at the Mission (92 Tilley Lane, Saint John) preferably by Dec. 9.



Support for youth

Do you know of a young adult from your local (church) community who is undertaking a post-secondary program somewhere in the diocese?
Or perhaps someone who has recently joined the workforce and is struggling to stay connected with other young persons of faith?

If so, please feel free to put them in contact with KURT SCHMIDT, the diocesan Director of Young Adult Formation. Just as good, you could let Kurt know about them so that he can reach out to them himself.

Kurt's role and responsibilities are to provide support and formation for the young adults of the diocese — in whatever contexts of work and/or study that they find themselves. A combination of online and in-person structures of support are available and ongoing. And plans for another young adult pilgrimage may even be afoot!

Contact Kurt: 506.259.3711 (mobile) or kschmidt@diofton.ca

*May the blessings
of Christmas
remain with
you throughout
the year.*

Woodstock deanery's ACW meeting

The ACW Deanery of Woodstock meeting was held at St. Luke's, Woodstock on Oct. 16. The theme was peace. The Rev. Maria Shepherdson led the service and spoke of her visits to Gaza. Diocesan rep. Debbie Edwards spoke on her work with Alongside Hope (formerly PWRDF). Nancy Robinson led the business meeting.



CLOCKWISE FROM TOP LEFT: Lunch with Cindy Derkson, Nancy Robinson, Rev. Maria, ACW executive: treasurer Cathy Lutes, secretary Carolyn Pellow and president Peggy Boucher; Dorine Dennique and Marilyn Sherman on the registration desk; Rev. Maria with apparel worn in Gaza; St. Luke's Guild ladies provided a delicious lunch; Debbie Edwards spoke on Alongside Hope.

Advent Activities 2024

CREATION

- Invite someone to discover part of God's beautiful Earth with you
- Donate supplies to an animal shelter
- Pick up litter
- Take a shelter dog for a walk
- Discover God's beauty by walking a new trail
- Support a cause that supports the Earth

FRIENDSHIP

- Call and check on a friend or family member
- Listen to someone's story

CENTRING

- Use a centring prayer to hear God's voice
- Listen for God's voice in music
- Set aside time and place to hear the Holy Spirit's voice

SHARING

- Give a treat to a community helper
- Take a shut-in to lunch
- Bake or buy cookies or muffins and share them with co-workers, friends, or people in need
- Drop off a veggie tray to a nurse's station at the hospital, the police station, fire station or EMT depot
- Donate what you can to a food bank or community pantry

KINDNESS

- Let someone go ahead of you in line
- Smile at everyone today

GRATITUDE

- Write a note of gratitude to God
- Reflect and record how much joy the Advent season has brought you

SECRET ACTS

- Pray for every neighbour on your street
- Hide a happy note for someone to find
- Do a secret act of kindness

READ & WATCH

- Read Luke 1:39-45
- Read Luke 2:1-20
- Read Luke 3:1-6
- Read Luke 3:7-18
- Read Luke 21:25-36
- Watch a film version of the Gospels, like *The Chosen*
- Study the life of Jesus written by scholars

CHILDREN

- Read to a child
- Adopt a local school and supply them with snacks and other necessities

SOCIAL JUSTICE

- Fight for a cause Jesus would support
- Read the Truth & Reconciliation Commission's 94 Calls to Action. Then act.