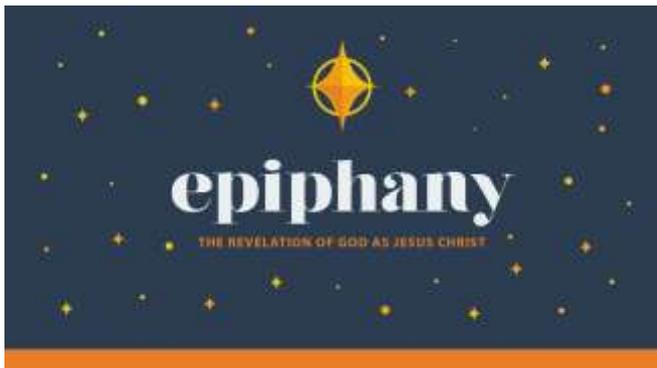


# *FIFTH SUNDAY AFTER THE EPIPHANY*

*February 8, 2026*



## **THE CHURCH OF THE GOOD SHEPHERD PARISH OF LANCASTER** *Diocese of Fredericton Anglican Church of Canada*

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*Bishop*

*Priest-in-charge*

*Church Wardens*

*Parish Administrator*

*Organist & Choir Director*

*Sexton*

Archbishop David Edwards

The Rev'd Christopher Ketch

Susan Jack, Terry Ricketts

Lori Maker

David Mitchell

Larry Totton

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We acknowledge that the land on which  
we gather is the traditional unceded  
territory of the Wolastoqiyik (Maliseet)  
and Mi'kmaq Peoples.

The liturgy is according to the *Book of Common Prayer*.

**THE CHURCH GATHERS TO WORSHIP****Prelude****Scripture Sentence and Welcome****Opening Hymn** “*Christ Whose Glory Fills the Skies*”**CP 5****Collect for Purity***p. 067***Summary of the Law***p. 069***The Kyrie***p. 070***Mutual Salutation***p. 070***Collect of the Day***p. 129*

**O LORD, we beseech thee to keep thy Church and household continually in thy true religion; that they who do lean only upon the hope of thy heavenly grace may evermore be defended by thy mighty power; through Jesus Christ our Lord. Amen.**

**THE WORD IS READ AND PROCLAIMED****First Reading** [Isaiah 58:1-12](#)

A reading from Isaiah.

<sup>1</sup> Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,  
to the house of Jacob their sins.

<sup>2</sup> Yet day after day they seek me  
and delight to know my ways,

as if they were a nation that practised righteousness  
and did not forsake the ordinance of their God;

they ask of me righteous judgements,  
they delight to draw near to God.

<sup>3</sup> ‘Why do we fast, but you do not see?’

Why humble ourselves, but you do not notice?’

Look, you serve your own interest on your fast-day,  
and oppress all your workers.

<sup>4</sup> Look, you fast only to quarrel and to fight  
and to strike with a wicked fist.

Such fasting as you do today

will not make your voice heard on high.

5 Is such the fast that I choose,  
a day to humble oneself?  
Is it to bow down the head like a bulrush,  
and to lie in sackcloth and ashes?  
Will you call this a fast,  
a day acceptable to the LORD?

6 Is not this the fast that I choose:  
to loose the bonds of injustice,  
to undo the thongs of the yoke,  
to let the oppressed go free,  
and to break every yoke?

7 Is it not to share your bread with the hungry,  
and bring the homeless poor into your house;  
when you see the naked, to cover them,  
and not to hide yourself from your own kin?  
Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you,  
the glory of the LORD shall be your rearguard.

9 Then you shall call, and the LORD will answer;  
you shall cry for help, and he will say, Here I am.  
If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,  
10 if you offer your food to the hungry  
and satisfy the needs of the afflicted,  
then your light shall rise in the darkness  
and your gloom be like the noonday.

11 The LORD will guide you continually,  
and satisfy your needs in parched places,  
and make your bones strong;  
and you shall be like a watered garden,  
like a spring of water,  
whose waters never fail.

12 Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in. [NRSV-A]

Hear God's word for God's people.  
**Thanks be to God.**

***Psalm 112***

- 1 Hallelujah!  
Happy are they who fear the Lord \*  
and have great delight in his commandments!
- 2 **Their descendants will be mighty in the land; \*  
the generation of the upright will be blessed.**
- 3 Wealth and riches will be in their house, \*  
and their righteousness will last for ever.
- 4 **Light shines in the darkness for the upright; \*  
the righteous are merciful and full of  
compassion.**
- 5 It is good for them to be generous in lending \*  
and to manage their affairs with justice.
- 6 **For they will never be shaken; \*  
the righteous will be kept in everlasting  
remembrance.**
- 7 They will not be afraid of any evil rumours; \*  
their heart is right;  
they put their trust in the Lord.
- 8 **Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.**
- 9 They have given freely to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their head with honour.
- 10 **The wicked will see it and be angry;  
they will gnash their teeth and pine away; \*  
the desires of the wicked will perish.**

## **Second Reading** 1 Corinthians 2:1-16

A reading from First Corinthians.

<sup>1</sup>When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. <sup>2</sup>For I decided to know nothing among you except Jesus Christ, and him crucified. <sup>3</sup>And I came to you in weakness and in fear and in much trembling. <sup>4</sup>My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, <sup>5</sup>so that your faith might rest not on human wisdom but on the power of God.

<sup>6</sup>Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. <sup>7</sup>But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. <sup>8</sup>None of

the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. <sup>9</sup> But, as it is written,

‘What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him’—

<sup>10</sup> these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. <sup>11</sup> For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God’s except the Spirit of God. <sup>12</sup> Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. <sup>13</sup> And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

<sup>14</sup> Those who are unspiritual do not receive the gifts of God’s Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. <sup>15</sup> Those who are spiritual discern all things, and they are themselves subject to no one else’s scrutiny.

<sup>16</sup> ‘For who has known the mind of the Lord  
so as to instruct him?’

But we have the mind of Christ. [NRSV-A]

Hear God’s word for God’s people.

**Thanks be to God.**

**Gradual Hymn** “*O Christ, the Master Carpenter*”

**CP 479**

**Gospel**      Matthew 5:13-20

Hear the Holy Gospel written in the fifth chapter of the Gospel according to Saint Matthew beginning at the thirteenth verse.

**Glory be to thee, O Lord.**

<sup>13</sup> ‘You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

<sup>14</sup> ‘You are the light of the world. A city built on a hill cannot be hidden. <sup>15</sup> No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. <sup>16</sup> In the same way, let your light shine before others, so

that they may see your good works and give glory to your Father in heaven.

<sup>17</sup> ‘Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. <sup>18</sup> For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. <sup>19</sup> Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. <sup>20</sup> For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven. [NRSV-A]

The Gospel of Christ.  
**Praise be to thee, O Christ.**

**Sermon** Fr. Chris Ketch

***Brief quiet time held for reflection***

**The Nicene Creed**

p. 071

### **THE EUCHARIST IS CELEBRATED**

**Offertory Sentence** *for Epiphany*

p. 073

**Offertory Hymn** “*O Jesus, I have Promised*” **CP 438**

**Prayer over the Gifts**

p. 074

**Prayers of the People**

**Confession and Absolution**

p. 076

**“Comfortable Words”**

p. 077

**THANKSGIVING AND CONSECRATION**

p. 078

*(with Proper Preface for Epiphany, p. 079)*

**The Peace**

p. 083

**Prayer of Humble Access**

p. 083

### **The Communion**

*While the church receives communion, in silence, take the time to reflect or pray or sit quietly and to enable others to do so, and/or at any time to join in the singing of the following music:*

**“O Lamb of God”**

p. 084, **CP 685**

**“Speak, O Lord”**

- 1        Speak, O Lord, as we come to You  
          To receive the food of Your holy word.  
          Take Your truth, plant it deep in us;  
          Shape and fashion us in Your likeness,  
          That the light of Christ might be seen today  
          In our acts of love and our deeds of faith.  
          Speak, O Lord, and fulfill in us  
          All your purposes for Your glory.
- 2        Teach us Lord, full obedience,  
          Holy reverence, true humility;  
          Test our thoughts and our attitudes  
          In the radiance of Your purity.  
          Cause our faith to rise, cause our eyes to see  
          Your majestic love and authority.  
          Words of power that can never fail  
          Let their truth prevail over unbelief.
- 3        Speak, O Lord, and renew our minds;  
          Help us grasp the heights of Your plans for us.  
          Truths unchanged from the dawn of time  
          That will echo down through eternity.  
          And by grace we'll stand on Your promises,  
          And by faith we'll walk as You walk with us.  
          Speak, O Lord, till Your church is built  
          And the earth is filled with Your glory

*Stuart Townend and Keith Getty,  
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### ***“King of the Ages”***

- 1        King of the ages, Almighty God,  
          Perfect love, ever just and true.  
          Who will not fear You and bring You praise?  
          All the nations will come to You.
- 2        Your ways of love have won my heart,  
          And brought me joy unending.  
          Your saving power at work in me,  
          Bringing peace and the hope of glory.
- 3        Your arms of love are reaching out  
          To every soul that seeks You;

Your light will shine in all the earth,  
Bringing grace and a great salvation.

- 4 The day will come when You appear,  
And every eye shall see You.  
Then we shall rise with hearts ablaze,  
With a song we will sing forever.

*Stuart Townend & Keith Getty (2002)  
Used with permission CCLI # 2319023*

<b>The Lord's Prayer</b>	<i>p. 085</i>
<b>Prayer of Thanksgiving</b>	<i>p. 085</i>
<b>"Glory be to God"</b> ("Gloria in Excelsis")	<i>p. 085</i>
<b>The Blessing</b>	<i>p. 085</i>

### **THE CHURCH DEPARTS TO WITNESS AND TO SERVE**

#### **Dismissal**

Let us bless the Lord.  
**Thanks be to God.**

**Recessional Hymn** "Lord, We Hear Your Word with Gladness"  
**CP 447**  
**Postlude**

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#### **Those serving today's worship and learning:**

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<i>Bulletin preparation</i>	Lori Maker (Parish Office)
<i>Altar Guild</i>	Bev Doiron & Sharon Titus
<i>Sunday School</i>	Laura Janes
<i>Sound system</i>	Chris Titus
<i>Greeter</i>	Bill Sherriff & Judy Galbraith
<i>Layreader &amp; First Reader</i>	Paul Desjardins
<i>Second Reader</i>	Sherry Desjardins
<i>Prayer Leader</i>	Layreader
<i>Organist &amp; Choir Director</i>	David Mitchell
<i>Guitarist</i>	Shayne Galbraith
<i>Officiant &amp; preacher</i>	Brenda Clayton
<i>Counters</i>	Terry Ricketts & Janet Brown
<i>Building care</i>	Susan Jack

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**Those serving in our outreach this week:**

<b>Sun, Feb 8, 11:45 am</b> HVHS Lunch Programme preparation (Large Hall kitchen)	Lori McGovern Art VanWart Susan VanWart Ann Stone
<b>Mon, Feb 9, 11:30 am</b> HVHS Lunch Programme delivery (from Large Hall)	Bruce MacLeod Robert Green

*Who's serving next week is on the Narthex bulletin board.*

**THIS WEEK**

- Mon, Feb 9, 6:00 pm**      Tintinnabula Hand Bell Choir (Small Hall) For more info contact Lynn Adams at 506 635-8474
- Wed, Feb 11, 10:00 am**      Saint John and District Senior's Shuffleboard (Large Hall) For more info contact Pauline Wilson at 506 738-8677
- Wed, Feb 11, 7:00 pm**      Choir practice (Small Hall) For more info contact David Mitchell at 506 738-2798
- Thurs, Feb 12, 2:00 pm**      L.I.F.T. [Ladies in Fellowship Together] (Small Hall) For more info contact Janet Brown at 506 657-7707
- Sat, Feb 14, 9:00 am**      Vestry (Small Hall) For more info contact Terry Ricketts at 506 672-4696 or Susan Jack at 506 333-9931

**LOOKING AHEAD**

- Fri, Feb 20, 6:00 pm**      Youth Connection-Small Hall & Large Hall

**Sun, Mar 8, noon**

**ANNUAL GENERAL MEETING  
right after worship** – a "*bagged  
lunch*" will be provided for all who attend!

## **FOR OUR WORSHIP AND LEARNING**

**Next Sunday – February 15 *Last Sunday after The Epiphany -Transfiguration Sunday*** Scripture readings  
Exodus 24:12-18; Psalm 2; 2 Peter 1:16-21; Matthew 17:1-9

## **NOTICES**

**L.I.F.T.** (*Ladies in Fellowship Together*) is once again having their **annual Bakeless Bake sale**. This year we will be using the funds to support the Harbourview High School Lunch Program.

**Chris+ will lead a five part study of the Book of Jonah** at Church of the Good Shepherd. Two Options: Morning Prayer @ 9:30, Bible Study Starts @ 10:00 or Evening Prayer @ 6:30, Bible Study Starts @ 7:00. Part I - Saturday, January 24 - Introduction to Jonah; Part II - Saturday, February 7 - Jonah 1-2; Part III - Saturday, February 21 - Jonah 2-3; Part IV - Saturday, March 7 - Jonah 3-4; Part V - Saturday, March 21 - The Gospel According to Jonah.

## **Food Bank**

Please remember the **West Side Food Bank** with a toonie or a loonie in the can in the Narthex, or a donation in a special envelope marked with your name or number. We aim to support the Food Bank by at least \$ 200/month!

The Anglican Saint John Hospitals Chaplaincy and The Parish of Fundy and the Lakes invite you to ***A Spirit Centered Approach to Dementia Care*** workshop facilitated by Angela King, MTS ARCT (Pedagogy). Angela is a Certified Spiritual Care Practitioner & PAC® Certified Independent Trainer/Consultant Saturday, February 219am to 1pm Christ the King Church, 2000 Loch Lomond Road. Saint John, NB Watch the Anglican Diocese of Fredericton Web Page for further information and to register for free.

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***Happy Birthday this Week to:***  
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February 10– Richard Chilton



**PRAYER**

**Prayer for folks in nursing or special care homes**

Ginny Abbott, Diane Cormier, Frances Finley, Ann Hoben, Ruth Northeast, Elizabeth Parks, Elsie Rusling, Arlene Trask

**Prayer for those in hospital or sick at home**

Andrew Aalund, Diane Basque, Margaret Boyer, Edith Chilton, Shelly Clark Collins, Linda Cunningham, Jo-Ann Diamond, Bonnie Dean, Wendy DeWitt, Ernest Ellingwood, Barb Ellis, Debbie Green, Kaye Mallory, Pam Melanson, Michael Penchoff, Susan Penchoff, Carol Price, Margaret Ann Reid, Lois Shaw, Bob Sherwood, Mykayla Spinney, Norm Toole, Dennis Totton, Joe Totton, Robbie Wong.

**Prayer Shawls** - if you know someone in our parish who is in great need for prayer and would find comfort in a shawl made with love and care. Contact Ngaire Nelson at 506-672-8666 or the church office at 506-635-8145.

**Parish Cycle of Prayer for Week of *February 8-14***

- Mon:** Achim & Caroline Khitab and Family
- Tue:** Jennifer and Scott Larson and Family
- Wed:** Ken and Linda Lewell
- Thur:** Christine Legacy, Trevor Kaye and Family
- Fri:** Beacon's Cove Youth Shelter

*Please pray for these parishioners and ministry this week.*

**Saint John Mission to Seafarers Prayer Cycle**

In February, we pray for marine safety, that the International Maritime Organizations and all the Marine Safety inspectors may be blessed in their efforts to ensure that ships are safe and crews are well trained.

***OUR PARISH PRAYER TREE***

A team of volunteers is available upon request, to pray for you or your loved one (with their permission) daily, for two weeks. These prayers will be treated with the strictest confidence. Prayer-requests should be short and to the point and will be passed on verbatim. The Lord knows best what we need! A follow-up of thanks or an update encourages our intercessors in their ministry.

**To initiate the prayer-tree ministry please call your request to our "Captain", Ngaire Nelson 672-8666**